



# BULLETS

# Track and Field

Age: 5 to 16 years

**LAST DAY TO  
REGISTER IS  
FEBRUARY 29TH!**

## JOIN US FOR OUR PRACTICE DAYS

Tuesday, Thursday & Friday

6:30PM to 8:00PM

Fees include Sweat Uniforms, Jersey, Shorts, trophy,  
banquet and photos.

## @Palmdale High School

2137 E Ave. R,

Palmdale, CA 93550

*\*Meet on the Track\**

### COACHES!

If you would like to  
SPONSOR a student, please  
see Mr. McDaniel!

### Contact

***Coach McDaniel***

(661)317-4575

***Coach Johnathan***

(818) 661-0549

### What to Bring:

- Jogging Shoes,
- Shorts
- Shirt
- Sweats
- Water
- BE ON TIME

### What are the benefits of joining:

- Colleges offers Scholarships for outstanding performers
- Improve RUN SCORE at school and available for Extra Credit
- Prepare for High School



**"A lot of people and a lot of legends have come before me,  
but THIS IS MY TIME!"**

